

# behavioral health specialists

## RESOURCE LIST

### Ames and Des Moines Therapy and Consulting

2501 Westown Parkway #1201,  
West Des Moines, IA 50266  
515.635.0213

<http://ametherapy.com/>

\* Medicare not accepted

### Broadlawns Medical Outpatient Mental Health\*

1801 Hickman Road, Des Moines, IA  
50314  
515.282.5695

<https://www.broadlawns.org/>

✓ Medicare and Medicaid accepted

### Behavioral Medicine Center\*

2940 Ingersoll Avenue,  
Des Moines, IA 50312  
515.244.1414

✓ Medicaid accepted

### Center For Behavioral Health

*Medication Assisted Opiate Treatment Facility / Focus on Opioid Use Disorder and Substance Abuse Disorder*  
1200 University Avenue #106,  
Des Moines, IA 50314  
515.244.9500

515.244.9500

<http://centerforbehavioralhealth.com/>

✓ Medicare and Medicaid accepted

### Central Iowa Psychological Services\*

3737 Woodland Avenue, Suite 415,  
West Des Moines, IA 50266  
515.222.1999

<https://www.iowacounseling.com/>

✓ Medicaid accepted

### The Changing Point Counseling Center

3106 Ingersoll Avenue,  
Des Moines, IA 50311  
515.255.4211

<https://www.changingpoint.org/>

✓ Medicare accepted

### Clive Behavioral Health\*

1450 NW 114th Street, Clive, IA 50325  
844.680.0504

<https://clivebehavioral.com/>

✓ Medicare accepted

### Compass Clinical\*

2500 82nd Place, Urbandale, IA 50322  
515.412.5112

<https://www.compassclinicalassociates.com/>

Pediatric behavioral health services offered by the following providers:

/ Alisha Lundberg, MSW, LISW  
/ Alison Ekvena, MSW, LISW  
/ Eileen Swoboda, MSW, LISW  
/ Gayle Murray, MSW, LISW  
/ Patty Hayes, MISW  
/ Susan Lang, MA, LMHC  
/ Wendy McGinnis, PHD EDS

✓ Medicare and Medicaid accepted by one provider

### Counseling for Growth & Change\*

1248 8<sup>th</sup> Street, Suite 201,  
West Des Moines, IA 50265  
515.243.1020

<http://counselingforgrowthandchange.com/>

Pediatric behavioral health services offered by the following providers:

/ Charlcie Carey, LISW  
/ David Greenwood, LISW  
/ Lori Nelson-Salsbury, MS, ATR-BC, LMH

✓ Medicaid accepted

### Covert Action Treatment Facility

*Medication Assisted Opiate Treatment Facility*

1223 Center Street #22,  
Des Moines, IA 50309  
515.218.6125

<https://mycovertaction.com/>

✓ Medicaid accepted

### Des Moines Pastoral

#### Counseling Center\*

8553 Urbandale Avenue,  
Urbandale, IA 50322  
515.274.4006

<http://www.dmpcc.org/>

✓ Medicare and Medicaid accepted

### EMDR & Beyond

3737 Woodland Avenue, Suite 620,  
West Des Moines, IA 50266  
515.225.7124

<https://emdrandbeyond.com/>

### Eyerly Ball Community Mental Health Services\*

945 19th Street, Des Moines, IA 50314  
515.241.0982

<http://www.eyerlyball.org/>

✓ Medicare and Medicaid accepted

### Family Legacy Counseling – Johnston\*

5415 NW 88th Street, Suite 100,  
Johnston, Iowa 50131  
515.727.1338

<http://www.familylegacycounseling.com/>

Pediatric behavioral health services offered by the following providers:

/ Deb Gipple, LMHC  
/ Jason Van Zee, LMHC  
/ Sarah Snavelly, LMHT.  
/ Dr. Steven Ziebell, ED.D., LISW  
/ Jamie Brandon, LMFT  
/ Mary Lothe, LMHC  
/ Taylor Goetz, t-LMFT  
/ Ann Latham, Ph.D.  
/ Dr. Jeff Kerber, Ph.D.

\* Medicare not accepted

### Family Legacy Counseling – Waukee\*

275 NE Venture Drive, Suite 5,  
Waukee, Iowa 50263  
515.727.1338

<http://www.familylegacycounseling.com/>

Pediatric behavioral health services offered by the following providers:

/ Deb Gipple, LMHC  
/ Jason Van Zee, LMHC  
/ Sarah Snavelly, LMHT.  
/ Dr. Steven Ziebell, ED.D., LISW  
/ Jamie Brandon, LMFT  
/ Mary Lothe, LMHC  
/ Taylor Goetz, t-LMFT  
/ Ann Latham, Ph.D.  
/ Dr. Jeff Kerber, Ph.D.

\* Medicare not accepted

### Fein Therapy Services – Laurie Fein

412 NW Irvinedale Drive,  
Ankeny, IA 50023  
515-964-1733

\* Medicare and Medicaid not accepted

\* Pediatric behavioral health services offered but does not indicate which providers take Medicaid

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## RESOURCE LIST

### **Innovative Learning Professionals: Counseling & Psychological Services\***

2130 Grand Avenue, Suite B,  
Des Moines, IA 50312  
515.270.0280  
<http://innovativelearningpros.com/>

Pediatric behavioral health services  
offered by the following providers:

/ David Beeman  
/ Susan Smith Helkenn  
/ Joel Greenberg

\* Medicare not accepted

✓ Medicaid accepted

### **Iowa Psychiatry**

2327 70<sup>th</sup> Street, Urbandale, IA 50322  
515.270.2242

<http://www.iowapsychiatry.com/>

\* Medicaid not accepted

### **Lifeworks Therapy\***

600 42nd Street, Des Moines, IA 50312  
515.255.8399

<https://www.lifeworksdm.com/>

\* Medicare not accepted

✓ Medicaid accepted

### **Lifeworks Therapy – Ankeny**

1105 N Ankeny Boulevard #100,  
Ankeny, IA 50023  
515.225.8399

<http://www.lifeworksdm.com/>

\* Medicare not accepted

✓ Medicaid accepted

### **Lutheran Family Service\***

6200 Aurora Avenue, Suite 410a,  
Urbandale, IA 50322  
515.251.4900

<https://lutheranfamilyservice.org/>

✓ Medicaid accepted

### **Mid-Iowa Family Therapy Clinics\***

6900 University Avenue, Suite 115,  
Windsor Heights, IA 50324  
515.254.1556

<https://www.miftc.com/>

✓ Medicare and Medicaid accepted

### **Midwest Clinical Associates**

2700 Westown Parkway, Suite 415,  
West Des Moines, IA 50266  
515.223.551

✓ Medicaid accepted

### **Mosaic Family Counseling Center\***

6200 NW Aurora Avenue, Suite 305E,  
Urbandale, IA 50322  
515.724.8920

<http://www.mosaicfamilyinc.com/>

✓ Medicare accepted

### **Optimae Behavioral Health Services**

600 E Court Avenue, #200,  
Des Moines, IA 50309  
515.243.3525

<http://www.optimaelifeservices.com/our-services/behavioral-health/>

✓ Medicare accepted

### **Pat Petersen, LISW**

4685 Merle Hay Road, Suite 108,  
Des Moines, IA 50322  
515.201.9953

✓ Medicaid accepted

### **Pine Rest Christian Mental Health Services\***

6200 Aurora Avenue, Ste 200,  
Urbandale, IA 50322  
515.331.0303

✓ Medicare accepted

### **Prairie Wellness**

3209 Ingersoll Avenue #100,  
Des Moines, IA 50312  
515.207.1705

<http://prairiewellness.com/>

\* Medicare not accepted

### **Red Couch Counseling, LLC**

5408 NW 88<sup>th</sup> Street #130,  
Johnston, IA 50131  
515.954.9865

<https://www.redcouchcounselingdsm.com/>

\* Medicare not accepted

### **Sampson Family Therapy Services, LLC**

309 Court Avenue #241,  
Des Moines, IA 50309  
515.901.2971

<https://www.sampsonfamilytherapy.com/>

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✓ Medicare accepted by one provider

### **Stagner Counseling**

1200 Valley W Drive, Suite 304-11,  
West Des Moines, IA 50266  
515.310.1069

<https://www.stagnercounseling.com/>

\* Medicare not accepted

### **Sullivan Counseling**

974 73rd Street #9,  
West Des Moines, IA 50265  
515.443.4980

<http://www.sullivancounselingdsm.com/>

\* Medicare not accepted

### **Thriving Families Counseling**

2501 Grand Avenue, Des Moines, IA  
50312

515.808.2900

<https://thrivingfamilieservices.com/>

✓ Medicare accepted

### **UnityPoint Health - Des Moines Powell Chemical Dependency Center**

700 E University Avenue, Floor 4,  
Des Moines, IA 50316  
515.263.2424

<https://www.unitypoint.org/desmoines/powell-chemical-dependency-center>

✓ Medicare accepted

### **VNS of Iowa Mental Health Services**

1200 University Avenue, Suite 205,  
Des Moines, IA 50314  
515.558.6248

✓ Medicaid accepted

### **Wayfinding Psychotherapy**

2330 Rocklyn Drive, Urbandale, IA 50322  
515.850.2010

\* Medicare not accepted

### **Woodward Community Based Services**

6200 NW Aurora Avenue,  
Urbandale, IA 50322  
515.274.9607

<https://www.wbcscare.com/>

\* Medicare not accepted

### **515 Therapy and Consulting**

6600 Westown Parkway #240,  
West Des Moines, IA 50266  
515.401.1010

<https://www.515therapy.com/>

\* Medicare not accepted

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