

Waukee Community Schools

Middle School (Grades 6-9) Menu

Student Breakfast: \$2.05

2nd Breakfast and Adult Breakfast: \$2.35

Student Lunch: \$3.00

2nd Lunch and Adult Lunch: \$4.15

See what week we are on:
[View the Menu Calendar here!](#)
3 menu cycles during the year:
 Fall: Aug 24-Nov 22
 Winter: Nov 28-Feb 24
 Spring: Feb 27-Last day of school

*May contain pork
 Skim and Fat-Free Chocolate Milk
 are offered with each meal

**Menu Subject to change
 without notice**

Weekly Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Donut OR Assorted Cereal/bars String Cheese/Yogurt Assorted Fruit Milk	Assorted Mini Pastry OR Assorted Cereal/bars String Cheese/Yogurt Assorted Fruit & Juice Cup Milk	Cinnamon Roll OR Assorted Cereal/bars String Cheese/Yogurt Assorted Fruit Milk	Breakfast Pizza OR Assorted Cereals/bars String Cheese/Yogurt Assorted Fruit & Juice Cup Milk	Breakfast Sandwich OR Assorted Cereal/bars String Cheese/Yogurt Assorted Fruit Milk

Lunch Menus

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1				
French Toast w/ Egg Patties OR Hot Dog* Sweet Potato Fries Celery Sticks Mandarin Oranges Juice Cup	Spicy Chicken Sandwich OR Mozzarella Cheese Sticks w/ Marinara Sauce Steamed Broccoli Cucumber Slices Peas Applesauce	Pizza Option* Baked Beans Romaine Salad Peaches Dried Fruit	Hot Wing Bites w/ Dinner Roll OR Grilled Cheese Sandwich Crinkle Fries Cherry Tomatoes Fresh Apple	Chicken Bowl <i>(Popcorn Chicken, Mashed Potatoes, Shredded Cheese, Pepper Gravy)</i> Dinner Roll OR Cheesy Bosco Sticks w/ Marinara Sauce Fresh Carrots Steamed Corn Assorted Fruit
Week 2				
Cheeseburger OR Chicken and Waffles Baked Beans Cherry Tomatoes Fresh Orange Peaches	Chicken Philly Sandwich OR Cheesy Pizza Crunchers Potato Wedges Cucumber Slices Fresh Apple	Big Daddy Pizza* Steamed Corn Celery Sticks Apple Slices Dried Fruit	Chicken Nuggets w/ Dinner Roll OR Cheesy Lasagna Roll-Up w/ Garlic Breadstick Green Beans Romaine Salad Strawberries Peas	Chicken Drumstick w/ Dinner Roll OR Mac and Cheese Dinner Roll Steamed Peas Fresh Carrots Assorted Fruit
Week 3				
Orange Chicken Steamed Rice OR Chicken Sandwich Steamed Broccoli Fresh Carrots Mandarin Oranges Pineapple	Walking Taco Refried Beans, Shredded Lettuce, and Salsa OR Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas Cucumber Slices Fresh Apple	Pizza Option* Mixed Vegetables Cherry Tomatoes Slushie Cup Peas	Chicken Alfredo w/ Garlic Breadstick OR Mini Corn Dogs Green Beans Romaine Salad Banana Applesauce	Pork Tenderloin* OR Wild Mike's Cheese Bites w/ Marinara Sauce Steamed Corn Celery Sticks Assorted Fruit

Daily Salad Option will contain:

Romaine Lettuce, Shredded Cheese, Optional Chicken, Dinner Roll, Croutons, Fresh Carrots, and Fruit

To make a reimbursable meal, students must choose at least 3 of the 5 meal components offered daily (milk, fruit, vegetable, grain, protein), with 1 component being a fruit and/or a vegetable. To make a free or reduced price meal, for those that qualify, you must also meet the criteria listed above. This institution is an equal opportunity provider.